About your children's School Meals

We are Eat Culture Education Catering, the caterer at your school and the largest provider in Nottingham.

Healthy Eating

We are proud to serve healthy, balanced and freshly prepared school meals. Our meals give children all the energy they need to power through the day, helping them concentrate at school and supporting their wellbeing.

Free School Meals

School meals are free for children in reception, year 1 and year 2. Ask for school meals at your school office. If you are in receipt of benefits you may be entitled to continue having Free School Meals. Check your eligibility and apply at https://www.gov.uk/apply-free-school-meals

Theme Days

Winter Warmer- 16th January Chinese New Year - 29th January World Book Day- 6th March St Patrick's Day 17th March VE Day-British Day - 8th May Sausage Roll Day - 5th June Leavers Day - July

Our Food

Our food has Food for Life accreditation showing that:

- Our food is sourced locally
- Our meat is Red Tractor assured, meaning it's safe and produced locally
- Our fish is certified by the Marine Stewardship Council
- Our meals are healthy, nutritious balanced and also low in fat, sugar and salt.

Dietary Requirements and Allergens

Special diets are extremely important to us. We work with each school to ensure the special diet process is effective, reassuring you that children with allergies or intolerances can eat safely with us. To register a special diet please complete our form

https://forms.office.com/e/nEYJUzbEZt?origin=lprLink





Week: 1 Date: 24th Feb, 17th March, 22nd April, 12th May, 9th June, 30th June, 21st July

Haydn

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. \ 7 = Vegetarian

> For Allergen information please ask a member of the catering team.

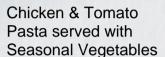








Monday



Cheese & Potato Pie

served with Baked

Beans

Jacket Potato served with Cheese and Salad

Tuesday

Cheese & Tomato Pizza served with Potato Wedges & Salad

Wednesday

Roast Pork, Yorkshire Pudding & Gravy, Mashed Potatoes and Seasonal Vegetables

Quorn Roast. Yorkshire Pudding & Gravy, Roast Potatoes and Seasonal Vegetables

Thursday

Beef Chilli served with Rice and Seasonal Vegetables

Quorn Fajita Wrap served with Rice & Seasonal Vegetables

Friday

Fish MSC Bubble Crumb served with Chips and Peas

Fishless Finger served with Chips and Peas



Dessert



Fresh Fruit Salad

Homemade Biscuit

Fresh Fruit Salad

Jelly & fruit

Fresh Fruit Salad

Apple Crumble Sponge & Custard

Fresh Fruit Salad

Chocolate Brownie

Milk

Fresh Fruit Salad







Main

Dessert

Week: 2 Date: 3rd March, 24th March, 28th April, 19th May, 16th June, 7th July

Haydn

Salad, Fresh Fruit, Bread and Water are available to pupils every day in all schools. \ \ \ \ = Vegetarian

> For Allergen information please ask a member of the catering team.





Monday

Sausage with Mashed Potatoes, Gravy & Seasonal Vegetables

Cumberland Sausage

with Mashed Potatoes

Gravy, & Seasonal

Vegetables

Tomato & Basil Pasta with Cheese. Baguette Slice and Salad

Tuesday

Cheese & Tomato Pizza served with Potatoes Wedges & Seasonal Vegetables

Wednesday

Roast Chicken. Stuffing & Gravy, Mashed Potatoes and Seasonal Vegetables

Quorn Roast & Gravy, Mashed Potatoes and Seasonal Vegetables

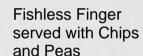
Thursday

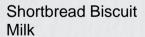
Beef & Baked Bean Bolognaise served with Pasta & Salad

Jacket potato served with Cheese & Beans

Fish Fingers served

with Chips and Peas





Fresh Fruit Salad

Lemon Drizzle Cake

Fresh Fruit Salad

Oaty Cookie Milk

Fresh Fruit Salad

Chocolate Sponge & **Chocolate Custard**

Fresh Fruit Salad

Cornflake Tart

Milk

Fresh Fruit Salad







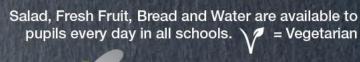
Week: 3

Date: 10th March, 31st March, 6th May, 2nd

June, 23rd June, 14th July

Main

essert



For Allergen information please ask a member of the catering team.

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Monday

Tuesday

Wednesday

Haydn

Thursday

Friday



Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables Jacket Potato with Cheese & Baked Beans

Pork Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Seasonal Vegetables Teriyaki Chicken served with Rice & Seasonal Vegetables Salmon Fish Cake served with Chips & Seasonal Vegetables

Veggie Meatballs in a Tomato Pasta served with Baguette & Seasonal Vegetables Cheese & Tomato Pizza served with Potato Wedges and Seasonal Vegetables Cumberland Sausage, Yorkshire Pudding & Gravy, Mashed Potatoes and Seasonal Vegetables Macaroni Cheese served with Baguette Slice & seasonal Vegetables Sweet Potato Curry served with Rice & Flatbread Seasonal Vegetables

Chocolate Shortbread Slice with Milk

Fresh Fruit Salad Fresh

Jelly & fruit

Fresh Fruit Salad F

Apple or Jam Sponge & Custard

Fresh Fruit Salad

Flapjack

Fresh Fruit Salad

Oaty Cookie Milk

Fresh Fruit Salad



